

This list is fairly inclusive, although not every term related to kink will be on here.

DISCLAIMER: Some people may find some of the acts or items on this list upsetting or even triggering. Our intent is to give you an information resource should you need it. Do not feel you must include some of the more extreme activities in your story in order for it be considered kinky. Kink can be a little spanking or tying a partner up with silk scarves. But even if that's all you intend, reading through this material may give you a spark of an idea. We hope you'll use this guide in that way, with an understanding that some of the material presented is not something you may ever utilize.

A

Abrasion/abrasion play: To stimulate or wear down the skin by using friction. Materials and toys such as sandpaper, steel wool, rough cloth, and bottlebrushes are often used. This increases sensitivity while giving both pleasure and pain.

Adult Toy Chest: A place where one keeps their sex toys. A sex toy box.

Aftercare: This is a period after a scene has ended in which all parties involved can regroup, calm down, and recover physically, mentally and emotionally from an intense experience. Many bottoms and some Tops require aftercare after a scene, although some people do not. This can involve cuddling, drinking water to hydrate (especially important

after prolonged electrical play or forced squirting), eating to balance the blood sugar, being wrapped in a soft blanket, having tea or chocolate as a means of comfort, talking out what happened and how they felt during the scene, discussing anything that may have gone wrong or made them feel bad/sad/scared/triggered, or sex. Aftercare is a crucial element in pre-play negotiations.

There is a common belief that only bottoms require aftercare, or only those who are weak in some way, but this is absolutely not true. Aftercare is a common means to soothe the players' mind and body after the intensity of kink play, and there is brain chemistry behind this need, as well as pure emotion. It's also an important part of bonding between Top and bottom.

Many bottoms, especially in a club or private party setting, will cuddle with their fellow bottoms as aftercare. This is sometimes referred to as a "puppy pile" but does not necessarily indicate pet play.

Age Play: Play that involves assuming the role of someone of a different age. Most commonly, one of the adults takes on the younger role, usually in the submissive capacity. It can be any age from babies to teenagers. Those who assume the role of someone under around age 12 are called littles. Those who assume the role of a teen/pre-teen are called middles. Those who are the "adult" in these scenes are

sometimes called a Big, Daddy, or Mommy, although "Daddy" has other connotations in queer relationships and Daddy/baby girl dynamic, which is a bit different than age play, although those differences can be subtle.

Alligator Clamp: A type of clamp with tips that have teeth resembling an alligator's mouth used on the nipples, genitals, or any area of the body. Most clamps of this style come with removable rubber tips and some have adjustment screws to limit how far they can close.

Anal Dildo: A dildo that is intended to be used with the anus as the receptor. This can also be any object used for anal penetration.

Ankle Cuffs: Attachable cuffs, often made of leather, that enable a Dom/Top to immobilize the bottom's legs by binding the ankles together, or sometimes to chains or rope that can be attached to any immobile object, or to another part of the bottom's body (such as a chain leading to wrist cuffs), or to another person.

Ankle Restraint: Any device including ankle cuffs that immobilize the legs. Also called shackles.

Animal/Pet Play/Pet Training: Training where the Dominant/Top has his bottom/submissive play the part of an animal, such as horses and dogs. One of the most common is "puppy play".

Autoclave: Professional sterilization device for piercing equipment. Also used to sterilize knives and scalpels for cutting scenes.

Auto-erotic Asphyxiation: A form of breath control, done alone or with a partner watching, in order to heighten the sensation of orgasm. Very dangerous, especially when done alone!

B

B&D, B/D, B/d - Bondage and Discipline: Although they go together in this phrase, they are not inextricably linked.

Bondage means restraining someone in a helpless position, such as being tied up. Discipline is training a person to behave in a certain way. They sometimes go together when a Dom/Top employs both techniques.

BDSM: The acronym for activities inclusive of (but not limited to) Bondage, and Discipline, Domination and Submission, and Sadism and Masochism. It can include any or all of these roles and activities.

Ball Gag: A device with a (most often) rubber, silicone or leather ball and straps which fasten around the head, securing the ball in the bottom's mouth to stifle screams and to inhibit their ability to communicate verbally.

Ball Stretching: The practice of stretching the scrotal sack so that it hangs lower using weights or other devices to pull on it above the testicles. As the

sack is pulled, the testicles are squeezed, leading to discomfort and sometimes pain. Part of CBT (cock and ball torture).

Ball Torture: Causing pain to the testicles, also included in CBT or cock and ball torture. This can be done in numerous ways.

Ballet Boots: Extremely high heeled boots that require you to stand on the tips of your toes rather than the soles of your feet. Usually they have heels that are 8-9 inches high and require considerable training and ability to walk in without assistance. Sometimes also referred to as bondage boots.

Bastinado: Foot torture involving the feet. Often the soles of the feet are the area of focus, as the tops of the feet are quite delicate. This can be painful or sensual and can include tickling and various kinds of impact or abrasion play.

Beating: General term for such BDSM activities such as flogging caning, spanking, strapping, etc. In kink community, it's a term used fondly or tongue-in-cheek, rather than describing abuse.

Billy Club: These are the same clubs used by police officers—a baton or truncheon most often made of wood, but can also be rubber, Lucite or metal. They are used in impact play and sometimes as an insertable.

Blindfold: By blocking out sight—a common technique in

SM scenes—it can cause the bottom to feel more vulnerable, thus contributing to the excitement in the scene. It can help the bottom to focus inward on emotion and sensation and help them to block out other stimuli that could be distracting. It also causes some people to panic. It can be one element used in a sensory deprivation scene.

Blood sports: A group of techniques in which the bottom's skin is broken and blood is allowed to escape, as in cutting scenes, needle play, etc. See also "Edge play."

Sometimes a bottom will bleed after being hit with a whip or during other kinds of play in which causing them to bleed is unintentional. People who smoke will bleed more easily. Someone who is diabetic doesn't clot well and should never attempt blood play.

Body Modification: Making alterations to the appearance of the body. This includes, but is not limited to, tattoos, piercings, brandings and scarification.

Body Shaving: Removal of hair with a razor. Submissives and slaves of all genders commonly shave their pubic hair and other body hair, and this can sometimes be part of the ritual of preparation for their Dom/Top, or as part of a kink scene where the Top shaves them. Being shaved can be a form of submission and can also work as a form of fear play, especially when done with a straight razor.

Bondage – Rendering a bottom physically helpless and to a great extent immobilized using a number of methods.

Techniques include rope ties, metal handcuffs, leather cuffs, stocks, mummification, scarves, etc.

Bondage Tape: A synthetic, flexible material that comes on a roll, like duct tape, that sticks to itself in much the same way plastic wrap does, and can be used to make a body harness, to tie someone up. One can also make an entire dress out of it. It comes in a variety of colors and is sleek and shiny.

Boot Blacking: The polishing of boots, most often done by a bottom/submissive/slave. This is a very common practice within the leather community, and many Tops/Leathermen/Leather women also do Boot Blacking. It's seen as an act of service and personal excellence.

Bootlicking: Licking, kissing, and cleaning of a Dominant's boots by a submissive or slave is a show of submission. Can also be a fetish.

Bottom: This can mean someone who assumes the role of the receiver in a kink scene, whether it's pain, sensation play, instruction, or humiliation. This is not always the same as being a submissive or slave, but the term "bottom" can also be used in these cases. Some bottoms are sensation/pain players only and don't really assume a role and are not submissive at all. "Bottoming"

can also refer to assuming the role of "bottom" in a kink scene.

Boy: Term for male/male identifying submissive or slave. Can also spelled "boi", especially if the person identifies as a lesbian or non-binary.

Boy Toy: A male/male identifying person who is submissive to a dominant. Dominant can be any gender.

Branding: Making a permanent or semi-permanent scar on the skin by burning it with a heated metal object. Usually used by a Mistress/Master to "mark" the slave as their property.

Brat: Term for a submissive/bottom who tries to get the attention of their Top by "acting up." This can be done playfully, or it can be irritating to the Top, depending on who the players are and the dynamic/roles.

Breast Bondage: Binding the breasts with rope or other materials.

Breast Press: A device that squeezes the breasts, often using a sort of clamp that presses the breasts between two plates, bars, sticks, or even lengths of rope.

Breath Control/Breath Play/Choking/Choking Out: Another type of "edge play" whereby the bottom's breath is stopped for a short period of time to increase pleasurable sensations, to frighten them, or

to make them cry. Also called asphyxiophilia, autoerotic asphyxiation (if done themselves), breath games, and hypoxiphilia. This is a very dangerous practice as the larynx can be easily bruised and even broken, or oxygen can be cut off for too long causing stroke or brain damage. Only the most experienced players should attempt to engage in breath play.

Breath play is most often done using the hands, by clamping a hand over the mouth and nose, or by pressing on the arteries in the neck, or by using a belt, rope or other type of ligature around the throat (very dangerous!). Those who really know what they're doing will most often use the pressure points in the neck to briefly cut off blood flow and therefore oxygen in the arteries. "Choking out" or "tapping out" is when the bottom loses consciousness. If done "safely", this is usually only for a moment, and the Top will allow air flow the second the bottom passes out. This can be repeated several times as a means of exerting control or in fear play.

Buggy Whip/Coach Whip: A whip that was originally used to drive a horse and carriage, this is a long whip, often with a "cracker" at the end made of braided cord. The sensation, as with most whips, is a sharp sting.

Bukake: Sexual scene where the Top will ejaculate onto a partner, sometimes on their face.

The word originates in Japan. It is the noun form of the word bukkakeru, simply meaning “splash” or “dash”.

Bullwhip: A long, woven whip usually made of leather or paracord (although I have seen bullwhips made of chain), longer than 4 feet. The sensation is a very sharp sting that then spreads over the next several seconds and can sometimes feel as if the sensation moves through the body. This is a high pain toy.

Butterfly Board: A wood board where the scrotum is pulled through a hole and can be nailed or pinned onto. A form of CBT (cock and ball torture).

Buttplug: A sex toy shaped to fit into and stay inside the rectum, these usually have a wider section on the end to hold it in place. Some also have a loop on the end to be used in twisting it or pulling it out. Many also have some sort of decoration on the end, like a large crystal. Some also have animal tails attached. Butt plugs are made of many materials, but the most common are silicone, rubber, wood, glass, metal.

Buttplug Harness: Usually a leather harness that prevents a buttplug from being removed either intentionally or accidentally from the rectum. Also used as a means of decorating the body.

C

Cage: A bondage practice, wherein the

bottom/submissive/slave is kept inside a cage. They can be so small as to restrict motion or large enough for two or more people. This can be used as punishment, or for some bottoms it elicits a sense of safety or satisfaction. Some are built for people to stand up in, while others are made so the person inside must be on their hands and knees.

They are also commonly used in puppy and kitten play. Some dungeons will even have a kennel area consisting of rows of cages. Cages can be free-standing but are also often built into the underside of a bed or table. I have also seen giant iron “birdcages” tall enough for people to stand in, and able to fit 6-8 people at once.

There are also torture cages. Some are very narrow standing pieces, some are smaller cages in which the bottom must kneel, and some are made to cover someone bound to a spanking bench. A torture cage will often have spikes on the inside. Sometimes these spikes are on the ends of long metal rods that can be twisted to press into the caged person’s flesh.

Carabiner: A metal loop, often with a spring-loaded gate used to quickly and reversibly connect components, such as chain links, or cuffs or shackles to a chain, a spreader bar, or to an eyebolt set into a wall, ceiling or piece of furniture. They are also commonly used to attach a flogger or other implement to a Top’s belt for a hands-free means to carry it.

Most commonly used in sailing, rock-climbing, window cleaning, diver’s harnesses and on hot air balloons. They can be bought at any hardware store and many sports equipment stores.

Caning: Using a cane (they can be made of rattan, wood, bamboo, metal, Lucite or a long carbon fiber, as well as other substances) for impact play. Usually more severe than a flogging. The sensation can be quite intense and will almost always leave marks. A cane can have a stinging or thudding sensation, depending on how heavy it is and how it’s used. They vary quite a bit in thickness, from a wire-thin cane to one that’s almost as thick as a baseball bat. The thinner, more flexible canes will deliver more of a stinging sensation.

Cat O Nine Tails: A whip that has exactly 9 strands. This is a high pain toy with a sharp, stinging sensation. Some have a knot at the end or metal or ceramic beads for increased sensation or sting.

CBT: Cock and Ball Torture. There are numerous types of CBT, including bondage, impact/whipping, clothespins, pinching, spanking, electrical play, needle play, etc.

Chastity/Chastity Device/Chastity Belt: A device used to keep the submissive/slave “chaste” when the Dominant is away or even in their presence. Being in chastity can often make the

submissive/slave feel more “owned”, a sense of safety, of being thoroughly controlled, or being humiliated, depending on the person and that particular D/s dynamic. Comes in models for any gender/genitalia. Some chastity devices are also torture devices, with spikes on the inner surfaces, or the inclusion of a remote electrical device.

Cis-gender (cis-male or cis-female): This is the biological gender one is born with, but may not be how they identify.

Clamp: Generic term for any BDSM toy that can clamp some body part of the bottom to bring pain or pleasure. This can be the genitals, nipples, or any part of the body where you can grab the flesh, like inner thighs, buttocks, underarms, or even the lips, tongue, or nostrils.

Some common types are tweezer clamps, Clovers (a type of adjustable nipple clamp on which you can adjust the tightness. Also known as Japanese Clover Clamps.), screw clamps/trainers, alligator clamps, which can have rows of sharp “teeth”, clothespins (large wood and plastic, miniature wood and plastic, metal with a rubber tip, metal with teeth), metal clamps found at hardware stores. Some creative Tops may also use things like a pair of pliers with the tension held using a rubber band. The nipples can also be “clamped” using two chopsticks held tightly with rubber bands on the ends.

Weights can also be added to a

pair of clamps to pull harder on the flesh and make it hurt more when the bottom moves. Chains can run between a pair or grouping of clamps, or the chain can be held in the bottom’s teeth, so they must be careful in how they move, or another bottom or a Top can hold or pull the chain.

****A note about clamps:** As a clamp will inhibit blood flow to the clamped area, it can hurt the most when they are removed and blood rushes back into the inflamed area. Some sadistic Tops will flick the painful area with a crop or their fingers, or even use their teeth to increase the painful sensation as circulation returns. Some are kinder, and will very gently massage the area with fingers or their tongue, or use something soft like a bit of rabbit fur to bring pleasurable sensation and lessen the pain.

Clingfilm: Generic term for plastic wrap which is used in mummification scenes.

Clothespins: Wooden or plastic clothespins, typically used to produce pain sensation on the skin. Like other forms of clamps, they can be used on any part of the body where you can grab the flesh, like inner thighs, buttocks, and underarms, as well as nipples and genitals.

Cock Cage: A CBT device that encases the penis shaft. It can be either a solid or webbed “cage” design. Some are made of clear Lucite, some are made of metal, or many other materials. They can also have

spikes on the inner surface so that if the man gets an erection, there will be pressure or the skin can be pierced.

Cock Cuff: A chastity device that consists of a tube welded to a handcuff, usually both made of stainless steel. The penis is slid into the tube and the handcuff closes behind the ball sack, making removal all but impossible without unlocking the handcuff. A very effective chastity/bondage device.

Cock Ring: Rubber, leather, or metal ring, and sometimes made of rope, that slips around the base of the cock and balls, it is supposed to increase the duration of an erection, but also has a definite control aspect. It can be tightened to the point of pain if it’s made to be adjustable, and can also come with spikes on the inner surface for extra stimulation.

Cock Strap: Leather or neoprene strap that wraps around the base of the cock and balls to help improve erection or as a form of bondage. Again, this can be tightened to the point of pain.

Collar and Leash: Worn by the bottom during this type of BDSM play. The Dom/Top holds the leash and the bottom/submissive/slave must follow and obey. This kind of play can be used as a form of humiliation, or in pet/puppy/kitten play, although some bottoms simply find it satisfying and a way to elicit a sense of safety or being cared for, or as a means of offering

service.

Contract: A written agreement between D/s (Dominant/submissive) or M/s (Mistress/Master/slave) partners outlining the extent of their relationship and activities involved, and can include kink and non-kink activities. These contracts cannot be legally enforced, but they are often used to define the relationship and boundaries. More detailed are slave contracts, in which the slave agrees to handing total or nearly total control to the Master/Mistress/Dominant. **A sample of a slave contract will be included in this handbook.

Corporal Punishment:

Retributive punishment using repetitive spankings/impact and often question and reply to change a bottom's behavior.

Crop: A type of whip originally used in horseback riding; crops are quite popular in BDSM scenes. It stings and can mark the skin severely but is easy to master and quite reasonable in price. It is made up of a pole with a flat, leather “slapper” on the tip, and can come in all sizes. The sensation is similar to a slap, but in a smaller, more focused area.

There are also crops tipped in other materials, such as sandpaper, which deliver a different sensation (stingy but rough—this particular material makes for a wonderful sensation when used in bastinado, and can bring as much pleasure as it does pain).

Cross Dressing: Dressing in

clothing worn by the opposite sex; this is a very common fetish. It does not necessarily indicate sexual preference in any way and does not necessarily indicate the person is trans. Being forced to cross-dress is sometimes used as a means of humiliation.

Crucifixion: BDSM play wherein the bottom is bound to a cross.

Cuff: A metal or leather bondage device that locks around a limb and can be used to immobilize the bottom.

Cupping: The placing of suction devices on the skin to increase blood flow, which can also increase sensation. These can be used on any fleshy area of the body, such as the nipples and the genitalia, the back, or the thighs.

Cupping is a practice used by acupuncturists for medical purposes and is believed to pull toxins from the body. In BDSM, it can be done in a painful way.

Cupping will leave round red/purple marks on the skin that can last anywhere from a few hours to two weeks.

Cutting: Cutting the bottom's skin with a sterile knife, scissor, scalpel or any sort of sharp blade. These cuts can be either temporary or permanent. Absolutely not for beginners!

D

DM: Acronym for Dungeon Monitor. In a BDSM play party,

they watch the scenes to make sure house rules are followed and the play is safe. They often wear either a vest or a sash so everyone in the play space can identify them.

DP: Double penetration in both the vagina and the ass. This can be accomplished with two penises, two strap-on's, two dildos, or a combination of any of these or any insertable object.

D/s: Popular abbreviation for Dominance and submission. A relationship between a Top and bottom where one is Dominant and the other submissive. This designation can be for a scene or a long-term relationship or anything in between. (Also called Dom-sub, DS, D/S, D&S.) It addresses the power play, rather than the actual activities. Some kink dynamics are purely D/s and involve no pain play.

Dacryphilia: Sexual arousal from seeing tears in the eyes of one's partner, something sadists often find enjoyable or arousing. Some Tops will request their bottom wears mascara that isn't waterproof, as they enjoy seeing it run down the bottom's face in response to pain or mind-fuck.

Daddy: A role taken on by some dominants, especially common in age play.

Depilation: Removal of hair. Many Tops/Dom's require their submissive/slave to shave certain areas, their whole body or just their pubic hair. Sometimes the hair removal

itself can be part of a kink scene. See Body Shaving.

Discipline: Any kind of punishment including whipping, spanking, verbal orders, etc. for the purpose of training a submissive/slave.

Dominant/Dom: Also called a Top, although the definitions are not always the same. Someone who controls a bottom, submissive, or slave. Dom is short for Dominant. These terms can identify any gender.

Domination: Taking the dominant role, controlling the bottom's behavior, it can be role-play or in a D/s relationship.

Dominatrix: A Domme; it implies being a professional who is paid for their services.

Domme: A female/female identified Dominant.

Double Penetration: (see DP)

Douche, Douching: Injecting of a liquid, usually water, into the asshole or pussy, usually for hygiene purposes prior to sex or ass play.

Dragontail/Dragon Tongue whip: A whip, usually made of leather, but sometimes rubber or neoprene, which is a long, flat piece of material that narrows to a point at the end. The sensation is a strong sting. A Dragon Tongue sometimes has a split in the end, dividing the tip into two pieces (a “forked” tongue).

Duct Tape: Also known as gaffer's tape. Used in many BDSM scenes, such as taping the bottom's mouth shut, for bondage or mummification. One must be very careful in removing it, as it can sometimes pull off the top layers of skin. Also, some people are unable to use it due to adhesive sensitivity.

Dungeon: term for a BDSM playroom. This can be a room in a house or a large event space.

E

EMS Unit: see Tens Unit

Edge play: Technically, this refers to knife play, but it has come to mean anything "on the edge" or considered “extreme”. It can even include fisting, asphyxia, play piercings, needle play, etc. One person's edge can be another's norm so there are no hard and fast rules defining what "edge play" is.

Edge player: A person who partakes in edge play.

Edging: Hovering on the edge of orgasm, either purposely in order to make the orgasm more intense, or as a means of torture in which the Top does not allow the bottom to come. In these cases, the bottom is often brought to that edge over and over.

Electrical Play/Electrosex/Electrotorture: Using electricity for stimulation. Professionally made electrical units, such as the tens unit, the Violet and the

smaller Neon Wand, as well as tasers, T'zappers, electric fly swatters and cattle prods. The level of stimulation can vary, from a slight tickle to extreme pain. It can sometimes leave burns on the skin, usually spots or streaks of slight redness. Also, there is often an “ozone” smell during electrical play. When using a “contact” pad (a flat piece of metal worn against the skin of either the Top or bottom that conducts electrical current, a ring (it goes around the wrist) or bar/stick (used the same way as the pad), the current can pass between the players when touching each other or any metal worn on the body, even if there are several people involved.

The sensation is an electrical shock, but the intensity and type of sensation can vary. On a low setting, many of these implements will feel like your skin being snapped with a rubber band, while using a Violet Wand on a high setting, for instance, can reverberate through the entire body.

With most forms of electrical play, there will be a scent of burning ozone in the air after a few minutes of play.

****Need to add the sensation of a taser and a cattle prod. I've only tried a taser once and hated it. Have not tried a cattle prod.**

Endorphins: A natural, opiate-like chemical produced in the brain that is involved in regulating the perception of pain. Women produce a lot of

endorphins during childbirth. Endorphins give a "rush" similar to adrenaline (which is usually released simultaneously) and it is speculated that their release is one of the causes of the phenomenon known as subspace. One can get a definite "high" from endorphins. Some people get more than others during kink play, and some people can get an endorphin load simply from participating in a D/s dynamic, while others need pain stimulation.

Enema: A thorough anal douche using a bag and tube. Often used prior to anal play, or as a kink act in itself, sometimes with the purpose being humiliation.

Enema Play: Using the enema as a BDSM device in play.

English Tawse: An implement used in impact play, usually made of a heavy strip of leather or silicone, split into two or more strips at the tip. Used in Scottish and English schools as a disciplinary tool, usually to strike the palms, or for more serious infractions, across the buttocks. Often used in schoolroom scenes. The sensation is both thud and sting simultaneously-the heavier the tawse, the more thud one will feel.

Exposure

Play/Counterconditioning:

These scenes are pre-negotiated as a means to make the bottom face a fear in order to alleviate it. This could be anything from blindfolds to bondage, knives or

clowns, any item or act that represents or symbolizes something from the bottom's past, often involving some sort of abuse or trauma.

**NOTE: This should never be used in place of necessary therapy with a qualified therapist.*

This type of scene in a story could be incredibly revealing about your characters. I would highly recommend looking into the psychology behind this sort of scene before attempting to write one, however.

Extreme Restraints: A bondage device that is very strict or terribly confining, or the means of binding is torturous, somehow. Usually not something used on beginners.

F

Face fucking: A term for a blowjob in which the person with a penis, dildo or strap-on "fucks" the face of the person giving the blowjob. This often involves rough strokes that cause the person performing the blowjob to cry or choke, often while their head is being held firmly in place by hands or some type of bondage.

Fear Play: A scene in which the Top frightens the bottom. This should be negotiated beforehand, and can include many types of activities, including knife play, choking, being blindfolded, and whatever the bottom finds frightening. Often these scenes are purely "mind-fuck" without any sensation play at all.

Felching: Imbibing semen out of the vagina or anus.

Fellatio: Giving head, a blowjob (BJ), going down on someone, being face fucked: the act of sucking or licking a penis, dildo or strap-on, or having a penis, dildo or strap-on inserted in the mouth.

Fellatrix: Someone whose specialty is Fellatio.

Femdom/FemmeDom/FemDomme: A female or female-identified dominant.

Fetish/Fetishism: An unusual sexual fascination or obsession with something, like a leather fetish, latex fetish or shoe fetish. Fetishes are only limited by the human imagination.

Fetish Attire: Clothes that reflect the wearer's particular fetish, such as leather, latex, rubber, corsets, lingerie, fishnets or high heels. It's also commonly used term when addressing dungeon attire, even if the wearer doesn't necessarily have a fetish for the materials. Also sometimes referred to as "fetwear".

Financial Domination:

Controlling another's financial matters or money. This is an arrangement sometimes negotiated between Dom/me and sub, Master/Mistress and slave.

Fire Play: The use of fire in sexual play. It can be done in several ways, but the most common is to strip the bottom

down (clothing is flammable) and many fire Tops insist the bottom is also completely shaved and their hair tied back out of the way for the same reason. They will then take a cotton ball dipped in rubbing alcohol and rub it over an area of the body, then light it on fire. The flame is a brief burst, most often does not actually burn the bottom, but makes quite a show.

****I could use any details about fire play, as I've only witnessed it, rather than having participated myself.**

Fisting: Also called fist fucking and FF. Attempting to place the whole hand into the rectum or vagina. Must be done with great care and sterility, and usually with a lot of lube—although not always, with a bottom who has had anal training/experience. This act can provide exceptional orgasms or can be a means of delivering pain or humiliation.

Flagellation: Whipping, beating, spanking or any type of impact play for erotic stimulation or punishment.

Flicker Whip: A long, narrow crop-like implement with a thin, braided tassel at the end that is usually a few inches long. The sting can be sensual or quite vicious.

Flogger: A multi-tailed leather implement. These can be made of leather, suede, buffalo hide, rubber, paracord, rabbit fur, or nearly any material. The handle is usually covered in braided leather or other material, or sometimes dipped in latex. The

sensation can be anywhere from sensual to high pain, from sting to a dull thud, depending on the materials used and the weight of the implement. Rubber and paracord cause more of a sting, while suede and heavy buffalo hide are more of a thud sensation.

Flogging: Specifically using a flogger on a bottom. Using a whip, crop or cane, etc. is not called flogging, but rather being whipped, cropped or caned, or a more general term such as being beaten is used..

Foley Catheter: A type of catheter that can be inserted into the urethra and inflated with sterile water.

Foot Worship: A foot fetish where the bottom worships the Top's feet, often in high heeled shoes or boots, or heavy black boots, such as biker boots or those worn by Leathermen/Leather women. The bare foot can also be worshipped. The worship itself often involves kissing, nuzzling, caressing, and licking or sucking.

Forced Lactation: Continual stimulation and sucking of the nipple can sometimes produce colostrum. Also known as forced breast milking.

G

Gag: There are numerous types of gags, but all are meant to be put into the mouth so the bottom cannot speak. Examples are:

-ball gags (in which a ball is attached to a strap that fastens

around the head, with the "ball" going between the lips)

-bit gags (similar to a ball gag, except instead of the "ball" there is a bit that goes into the mouth)

-dog bone gags (another type of bit gag, which look like a dog bone)

-gags with "plugs" that go into the mouth and are sometimes shaped like a penis

-O ring gags, which force the lips into an "O" shape, often used for face-fucking or piss play

-dental gags, which are the same sort of metal instruments used in the dentist's office to force the mouth open during oral surgery

-pillow gags, which have a lot of padding, excellent for muffling cries and screams

People will also use rope to gag their partner, a piece of cloth, or an item of food, such as a cucumber, or other phallic-shaped items.

Gauge: System of grading the thickness of a piece of piercing jewelry or wire. The lower the number, the thicker the wire or material.

Genitorture: Pain play involving the genitals. (See Ball Torture, Cock and Ball Torture, Cunt/Pussy Torture).

Golden Showers: Urination play. Also called piss play, water sports and sometimes GS. This is often (but not always) done in the shower and can be quite sensual. Some people prefer to have their partner urinate into their mouth, but for many, it's a very intimate act

where the dominant partner urinates on their partner's body, sometimes on their genitals. It can also be considered an act of control and/or humiliation, given the circumstances and the wants and desires of the people involved.

H

Handcuffs: Commonly used BDSM device to restrain the wrists. These can be metal (like police cuffs) but are very often leather. They can also be made of faux leather, patent leather, woven paracord, rubber, or numerous other materials. Some are padded or fur-lined, and this kind of padding doesn't diminish the ability to restrain, nor should those who use padded cuffs be viewed as "wimps". Padding is quite useful when used in conjunction with suspension to negate damage to the skin and joints. ***It is an important safety measure that a key for locking cuffs be kept nearby at all times when cuffs are being used. Some people will wear the handcuff key on a chain or ribbon around their neck.*

Hanky Code: Old guard Leather community's color code of sexual preference. Generally, these hankies are worn in the back pocket of jeans/pants/shorts. Worn in the right pocket, it indicates that person is the bottom, or receiver. Worn in the left pocket indicates the wearer is the Top, or giver. The colors are a code by which the wearer can send the message about what they're into. Most often used in queer community, but sometimes in

general kink community. There are endless variations, but here is a basic list:

Black: BDSM
 Charcoal gray: Latex Fetish
 Medium/Light Gray: Bondage
 White: Mutual Masturbation only
 Beige: Rimming
 Yellow: Golden Showers
 Coral: Sucking Toes
 Orange: Few/No limits
 Red: Fisting
 Light pink: Dildos
 Purple: Piercing Fetish
 Light Blue: Oral Sex (in this case, the right pocket wearer generally is the one who likes to perform oral sex, as it's seen as an act of service)
 Medium/Primary Blue: Uniform fetish
 Navy: Anal sex
 Teal: CBT (cock and ball torture)
 Light/Kelly Green: Hustler/Prostitute
 Hunter Green: Daddy Dom/Top
 Brown: Scat Play
 Tan: Cigar fetish/Cigar Service

Harness: Bondage device made with leather/faux leather/rubber/latex straps worn on the body. This can be used as a form of bondage, or purely as a visual accessory. Tops will sometimes wear a leather body harness. These are often decorated with metal hardware. A harness can also be fashioned from rope or bondage tape, again for bondage or "wearable art" purposes.

High Heels: Popular objects of foot fetishists, along with boots, although one doesn't have to be a foot fetishist to love high heels or to have a high heel

fetish specifically.

Hobbles: These are a pair of restraints that go around the ankles, holding them closely together, making it difficult to walk, as one would do with a horse. They are often made of leather and can have rope or chain running between them. A single hobble attached to a hook, piece of furniture, etc. can also be used.

Hobble Skirt: A very narrow, long skirt that restricts the wearer's ability to take anything other than tiny steps. These are often made of leather, vinyl or latex.

Hood: A head covering, often made of leather or latex, that a bottom/submissive/slave is made to wear to provide some degree of sensory deprivation, or to fulfill a fetish they or their Top may have, or sometimes as a means of humiliation, or purely as a decorative element. A Top may also wear a hood to increase the fear factor in a BDSM scene, or to fulfill a fetish.

Some hoods come in the shape of animal heads, such as horses, dogs, cats or pigs. These can be used in pet/puppy/kitten/pony play, or as a means of humiliation. Some hoods also come with an "O" shaped opening for the mouth, which can sometimes be filled with a plug or dildo, or, like an "O" gag, can be used for face fucking or piss play. Some also have a zipper over the mouth.

I

Impact play: This can include any implement used to hit the bottom with, such as floggers (leather/suede/buffalo hide/rubber/paracord/rabbit fur and even rope). They come in many lengths and weights: some “tails” are flat, some are square-cut, some can be rounded tails, and some can be knotted at the tips, which causes higher levels of pain, cat-o-nine tails (this is a sort of “whip” or flogger made with 9 narrow-cut tails and can sometimes come with ceramic or metal beads to greatly increase pain), whips (signal/buggy/single tail/bullwhip), paddles (wood/Lucite/rubber/metal/leather), canes (bamboo/wood/rattan/metal/Lucite), crops, leather and rubber slappers, rug beaters, etc. Impact play can also include bare-hand spanking, with a leather glove, or with rubber gloves (various kinds). Other items found at home can be used, including numerous kitchen items, or things like a sandal, a belt, a wet towel, etc.

J

Japanese Clover Nipple

Clamps: Addressed in detail under “Clamps” above. A type of adjustable nipple clamps that tightens as it is pulled. Sometimes preferred because they won't easily slip off, and because they are a high pain clamp.

K

Knife Play: A specific form of “edge play” where the Top uses a knife/scalpel/scissors/razor blade/X-Acto knife or other sharp-edged object to either cut,

tease or torture the bottom. Sometimes this is used as fear play and no actual cuts are made.

***Blades should always be sterilized before use, and never used on more than one person without sterilizing first. In a public play space, the rule is usually to notify the Dungeon Monitors prior to the scene, make sure a first aid kit is at hand, and the area must be well-cleaned after the scene is over.*

L

Latex Play: Play in which liquid latex is painted onto the body.

Leg Irons: Steel ankle cuffs, patterned after British prisoner restraints used in past centuries.

Limit: The point beyond which a bottom does not allow the Top to go. It can be a “soft limit” which can change over time or may be renegotiated in-scene, or a “hard limit” which is more or less written in stone. For example, a bottom might say, “fisting is my hard limit”, in which case the Top will not (should not!) do it, and it can only be renegotiated when the play partners are not in scene.

M

M/s: Master/slave. (Also, less popularly used, MS, M&S or M-s)

Maledom, male dom: A male/male identified Dominant.

Male Domination: BDSM play where a male/male identified

person is the one in control or who controls the submissive.

Manacle: Metal bondage restraints.

Martinet: A small flogger.

Masochist: One who gets pleasure from pain, and sometimes from mental torture/mind-fuck or humiliation.

Master: Dominant, controlling partner in a D/s relationship, where the submissive partner is often, but not always, known as the slave or pet. This is a title that is earned, or designated, within a particular dynamic, or can be negotiated for a night of play. Some Dominants will use it as a general title, as in “I’m a Master”, which describes their role in kink play in general, or within their kink relationship. Often, “Master” is part of the title of someone who owns a kink club. A Master is usually a male/male identified Top, although some female/female identified Tops may also use the title, particularly in lesbian community.

Medical Scene/Medical Play: BDSM scene involving medical scenarios, including examination tables, clamps, scalpels, speculums, etc.

Mentor: A teacher or advisor who often shows a “newbie” around the world of BDSM and D/s. Very often it’s a Top teaching a new/aspiring Top, however, a bottom can be a mentor, as well, and sometimes an experienced bottom will

mentor a new Top. This can sometimes be a very formal role in which the mentor is responsible for the person they are mentoring. A mentor will teach their mentee how to use toys and implements, how to behave in a club, how to manage negotiations, the importance of safety, consent and responsibility for their bottom, and the psychology of the kink dynamic and power play.

Mind-fuck: This is a kind of mental torture that can be anywhere from teasing the bottom to create excitement to truly mentally torturing them to the point where they break down. This is best done when terms of play and limits have been negotiated, and many players will not engage in mind-fuck without specifics being discussed, especially for those with a history of trauma or abuse. A mind-fuck scene can be used as exposure play/counterconditioning.

Misery Stick/Evil Stick: This is an impact play device made from a narrow piece of carbon fiber filament. It can be as small as only a few inches long, or it can be the length of a cane. They come with a handle, often wrapped and dipped in latex. Some come with two rods, and some have a metal or ceramic piece on the end which can cause a higher level of pain. It can be used as a cane, or, more commonly, the Top holds the tip against a finger or the palm of their hand, bends it back, then releases it. The tip strikes the bottom's skin in a flicking

motion, causing a very high level of pain.

The sensation is very specific. The pain is quite sharp, and spreads over several moments, usually getting worse before easing off. They leave deep marks. Despite being a small implement, they are one of the higher pain toys, hence the name.

Mistress: The female counterpart for Master. A female/female identified Dominant.

Mommy: Analogue of Daddy in BDSM play. Sometimes submissives call their Mistress "Mommy", although this is more commonly done in age play.

Mousetraps: Used as a severe and painful device for nipple torture, or on other areas of the body. Also sometimes used purely for mind-fuck and not actually applied to the body, which can be very effective.

Mummification: A unique kind of bondage scene in which the entire body and often the head is wrapped tightly in a film, typically plastic wrap, but one can also be mummified in bondage tape, latex, rope, duct tape (not for beginners, as many people have/develop an adhesive sensitivity/allergy, and the skin can easily be torn when removed). Holes are left so the bottom can breathe through the mouth and/or nose. Sometimes holes are cut into the material in other areas so various torture implements can be stuck

through.

In some scenes in which plastic wrap is used, items such as thorny rose stems or barbed wire can be bound against the bottom's flesh to cause pain.

N

Nailing: BDSM play where the scrotum or breasts are nailed to a board. When it's used as a form of CBT, it's sometimes referred to as a Butterfly Board.

Needle Play: Another act that's considered "edge play" where sterilized needles are inserted through the top layer of the skin. Needles can be used anywhere on the body, but some popular areas are the chest, back, thighs, buttocks and through or around the nipples and genitals. Not for beginners! Some people who regularly practice needle play become certified body piercers, so they are well-versed in safety measures and procedures.

***I could use some details re: needle play as I've only witnessed it, but never tried it.**

Negotiation: A discussion of hard and soft limits, fears and desires, triggers, fantasies, health issues, possible mind-fuck, how hard the Top will push the bottom's boundaries and in what areas, acts and implements to be used or not used, as well as deciding upon safe words and aftercare for both the Top and bottom before any play/scene or relationship begins. It helps in defining Safe, Sane and Consensual and R.A.C.K. (Risk Aware Consensual Kink) between players. This discussion can

also include the participation or lack of participation by any other person in the scene or relationship, and whether or not a scene is closed (where no one else may participate or approach) or open (where others may participate or approach during the scene, have discussions/ask questions.

Newbie: Someone new to BDSM play or attending kink clubs.

Nipple Clamps: Devices that clamp onto the nipples. See Clamps. Nipple clamps often provide increased stimulation which can involve pain and pleasure.

Nipple Press: These are a type of nipple clamps that press the nipple between two pieces of metal or wood, usually forced together by a thumb screw that allows the press to be tightened or loosened.

Nipple Torture/Play: To cause pain to the nipples. Typically, by using nipple clamps, teeth, pinching, twisting, pulling, smacking with a crop, whip, cane, Misery/Evil Stick or other impact implement, piercing with needles or using electrical torture devices. There are also very strong magnets which can be put on either side of the nipple, causing a strong pinching/squeezing.

Nipple Weights: Usually lead weights suspended from either nipple clamps or from nipple piercings.

O

OTK: "Over the Knee" spanking were the subject is placed over the lap of the person administering the spanking.

P

PE: see Power Exchange.

Paddle: A flat instrument used for spanking purposes; usually made of wood or some other rigid material such as Lucite. Paddles are also commonly made of leather, which can be either soft or rigid (some have a steel piece inside), or rubber, which has some flexibility and can sting quite a bit. Other items used as paddles can be spatulas, rice paddles, small cutting boards and books. The sensation can be either stingy or thuddy, depending on the materials and how it's wielded, and can actually sometimes be both sting and thud simultaneously.

Padlock: Common type of lock used in BDSM play. Used to secure bondage restraints, securely fasten chain links together, to lock a submissive's or slave's collar, and smaller padlocks can be used as labia or scrotum weights held in place by a piercing.

Pain Play: BDSM play involving pain.
****NOTE:** Not all BDSM play involves pain. Some play is purely mental or symbolic, involving a power dynamic, as in a purely D/s scene or relationship. Some kink dynamics or scenes involve sensual touch, but no pain, such

as kitten play.

Pain Slut: Popular expression for a bottom who enjoys and craves painful stimulation. Also, a masochist.

Pain Threshold: The point at which stimulation becomes pain, or at which the pain becomes too much to bear.

Parachute Ball Stretcher: A toy resembling a parachute from which weights can be suspended in ball torture scenes.

Pervertible: Any everyday item used for kink purposes. Some commonly used items are clothespins, spatulas, belts, rice paddles, binder clips and rulers.

Piss Play: see Water Sports, Golden Showers.

Play Piercing: Piercing the body temporarily for stimulation or for decorative purposes, such as a corset piercing, in which ribbon is woven through two rows of piercings to look like a corset lacing. These piercings are removed at the end of the session or can be worn for approximately 24 hours.

Pony Play: Role-play scene where the bottom takes on the role of a pony. This often involves complicated and beautiful harnessing, sometimes a hood, which can often look like a horse head, or a full body suit made of leather or latex. Some ponies also wear specially made boots with horseshoes on the soles, and many wear a butt plug with a horsetail attached.

A saddle is sometimes strapped to their back in which their Top can ride, as one would a real pony, or a human pony or pair of ponies can be harnessed to a cart or buggy in which the Top can ride. The ponies are commonly driven with a whip.

Some human ponies will drink from a trough, eat from a bucket, or spend some time sleeping in a stall or barn. Most human ponies are quite elegant and being dressed in their pony gear and serving their Tops by being lunged, carrying them or pulling their carriage gives them an enormous sense of pride. There are also pony races among those who enjoy pony play.

Power Exchange: The dynamic whereby the Top is consensually given power over the bottom, whether for just the scene or for a relationship. Sometimes called Total Power Exchange or TPE.

Puppy Play/Dog Training: Role-play involving treating the bottom as a dog. Similar to Pony Play where the bottom is treated like a pony. Perhaps the most popular of animal RPGs. Here, the bottom/submissive actually mimics a puppy. Sometimes it can evolve into a lifestyle where the "puppy" sleeps in a cage and plays with dog toys. They will usually have to drink and sometimes eat from a bowl on the floor and are subject to wearing a collar and leash. Some will use an insertable tail and/or ears, socks and mittens that look like paws,

or an entire dog suit. They may communicate with barking and dog-like whining or whimpering, and wag their "tails", pant, and exhibit other dog-like behavior, like enjoying having their tummy rubbed or their ears scratched.

Pussy Torture/Cunt Torture: Stimulation or pain inflicted on the genitals. This can be done in numerous ways and can include low or extreme pain levels. Clamps are commonly used, but this can also be done with bare hands (pinching, twisting, using fingernails), impact with floggers, canes, whips, crops or other implements, needle play, abrasion play, electrical play. Almost any toy can be used for this purpose.

Q

Quirt: A type of buggy whip used for whipping. Shorter than a bullwhip, they are easier to use. Also called a Lunge Whip, as these items are used to lunge a horse. As with any type of whip, this can be an extreme pain toy, and carries a sharp sting.

R

R.A.C.K.: The acronym which stands for Risk Aware Consensual Kink. R.A.C.K. is a credo many kink community members play by. It means everyone involved, whether it's a single scene or a relationship, must be informed of the risks involved so they understand what they are consenting to.

RPG: Abbreviation for Role Play Games.

Rack: Bondage furniture patterned after the infamous torture devices of the Spanish Inquisition. The bottom is laid on their back (usually—sometimes they are face-down) and cuffed, chained or tied on to what is usually a large, flat frame made of boards (sometimes padded) that are jointed in such a way that they can expand (like the piece on a dining table that extends it to seat more people). Through a series of pulleys and a crank, the table, and therefore, the bottom, is "stretched", often to the point of discomfort or pain. They are also often tickled, flogged or otherwise tortured while on the rack.

Real Life or Real Time: (Also r/l or r/t). This is often used to refer to people who play/scene in real life, rather than those who role plays strictly online. A "real-lifer".

Red: The most commonly used safe word meaning to stop the scene due to the bottom being in too much pain, or in sensory or emotional overload or triggered.

Restraint: Limiting the bottom's movement with the use of various bondage gear, equipment, or devices.

Rimming: Oral contact with the rectum or asshole.

Role Play: While this can refer to the roles of Top/bottom, Dominant/submissive, Master/slave, etc., this can also mean taking on fantasy roles in BDSM scenes. For example,

nurse or doctor/patient, teacher/student, etc.

Rug Beater/Carpenter Beater:

These are sometimes actual rug beaters, made to beat the dust out of a rug, but they are often made especially for kink purposes. This is a loop of metal or rubber attached to a handle, or they can be made of woven rattan or metal wires, which are sometimes covered in a latex coating. They can be a very effective, high pain impact toy and leave a lot of interesting marks. The sensation will vary depending on the materials. Rattan and wire will be very stinging, while a heavy rubber loop will give more of a thuddy sensation.

S

Safe Call: When meeting a potential play partner for the first time in person, it's wise to arrange a safe call with a trusted friend who knows where you are and who you're with for safety purposes. This usually includes phone calls or text messages to check in and assure your safe call person that you are safe, with a coded word or phrase to let them know if you're in an unsafe situation and need help.

***n overview of how to use safe calls is available in this booklet.*

Safety Scissors: A pair of scissors with blunted tips; the same that are used in a medical office to cut bandages. These are a necessary item to have on-hand when doing rope bondage in case the bottom panics or they are in danger of having their circulation cut off, or if any of the ropes fail, especially in a suspension.

SAM/SAMmy: Smart Assed Masochist. This term can be used affectionately for a bottom who exhibits bratty behavior. Some use it only in reference to a bottom who tries to control the scene or "top from the bottom".

S/M (also SM or S&M): Sadism and masochism. One who enjoy administering pain and one who enjoys receiving pain.

Sadist: An individual who enjoys causing pain. The term dates back to the Marquis de Sade.

Sadomasochism: The taking of pleasure, especially sexual gratification, from simultaneous sadism and masochism.

Safe, Sane and Consensual/SSC: A popular dogma in the BDSM world meaning that play should always be safe, with good judgment exercised. And, most importantly, it MUST be consensual.

Safe Word: A word or phrase a bottom can use to stop their scene. It is absolute. If a Top disregards a bottom's safe word, that Top is considered "unsafe" in the kink community. The most common safe word is "RED!" Some also use a caution word such as Yellow to indicate they are close to reaching their limit, or the need for their Top to ease up or change toys, if they need something such as water or a bathroom break, or sometimes the need to discuss an emotional

issue that's come up, but they don't want to stop the scene entirely.

Saint Andrew's Cross: A popular piece of BDSM furniture in the shape of a large X (usually approximately 6 feet tall) where a bottom can be conveniently tied or cuffed to it and rendered immobile. They can be propped against a wall, or they can be free-standing in the middle of a room—this type is often two-sided, so two bottoms can be bound to it simultaneously, sometimes facing each other.

Scat Play: Fetish involving fecal play. An abbreviation for scatology. Also known as coprophilia. You may most often see this reference in BDSM questionnaires many people use when negotiating play.

Scene: Any kind of BDSM session. Can also be used to reference the kink "scene" (dungeons, munches, rope dojos, meetups, etc. Anywhere the kink community meets for kink play or to socialize). Kink play is often referred to as "scening".

Self-Bondage: The practice of performing bondage on oneself by oneself. This can include self-suspension in which a person suspends themselves, usually using rope bondage/Shibari/Kinbaku.

Sensory Deprivation: The deprivation or removal of all stimuli. This can be accomplished in a number of

ways, including a Vacuum Bed, mummification that includes earplugs and a blindfold, as well as a gag or mouth plug, or the bottom can simply be tightly bound anywhere or locked in a cage with their eyes, ears and mouth being covered.

Shackle: A bondage restraint device consisting of round cuffs joined by a chain or bar, most commonly made of leather or metal.

Slapper: A type of paddle modified to make a loud sound, usually with two to three flat pieces of leather stitched together at the handle end. It often has a metal D or O ring at the end to hold onto, or to hang from a belt when carrying. The sensation is most often a sting. They come in various sizes, but are most often a smaller toy excellent for playing very close to the body.

Slave: A term people sometimes used interchangeably with "submissive", however, being a slave is often a different role entirely, as once a contract has been negotiated, a slave usually gives up the right to say "no" or to renegotiate terms unless their Mistress/Master instigates changes. The slave is essentially "owned" by their Mistress/Master.

Some consider a slave a more extreme version of a submissive, and from some perspectives this could be true. True slave hood is when the slave dedicates themselves to their Mistress/Master. This can be a dedication to one

individual, or to a group. It's a very formal role with strict rules. In the kink community, this is a consensual role in which the slave has negotiated a contract, and sometimes will even sign a written contract. These contracts can include the term of their slave hood (for instance, in a formal training house, they may agree to be trained for 3 months, 6 months, a year, etc.). Many Master/slave agreements specify that the slave turn themselves over completely to the judgement of their Mistress/Master. In addition to BDSM activities, this can include how and when they eat, sleep, exercise, educational requirements, all decisions, including the management of their finances, medical care and any life decisions, however, not all slave contracts are this inclusive, and may contain only some of these items. Although legally unenforceable, it is still a powerful document between the parties involved.

**A sample of a very formal slave contract is included in this booklet, taken from my book THE TRAINING HOUSE.*

Snowballing: The act of coming into someone's mouth, then having them spitting or transferring it back into the mouth of the person who came.

Sounding: Having a medical device called "sounds" inserted into the urethra of any gender in medical play for pain or pleasure. The device is a long, often hollow rod made of metal or silicone. The rod can be smooth or textured and can be

straight or curved. These devices should be used with a sterile lubricant. In the case of metal, one can increase the stimulation by attaching it to a Violet or Neon Wand.

When used in the penis, it can also be called Cock Stuffing. Some sounds are solid (rather than hollow) and can make ejaculation quite painful. There are also short sounds with a hollow core and a metal ring on the end that can be inserted and worn for extended periods of time.

Spanking: This usually refers to a slap on the buttocks with the open hand, or a short flat object such as a paddle or a hairbrush. Used as punishment and/or in role-play. Spankings can be sensual or painful, punishing or pleasurable, or all of these elements can be present.

Spanking Bench: A piece of BDSM furniture which is a variation of the sawhorse. They are usually padded, with flat pieces on either side on which the bottom can rest their knees and elbows, while they straddle the equipment with their body laying against the long center piece. They often include eyebolts to which one can attach wrist and ankle cuffs. This effectively immobilizes the bottom, giving access to their back, buttocks, thighs and the bottoms of their feet.

Spanko: Someone who's primary fetish is spanking.

Speculum: A medical device

intended for opening and examining the vagina (and sometimes the rectum) used mostly in doctor/medical scene play.

Spencer Paddle: A type of wooden paddle with holes drilled through it to reduce wind resistance. These can also leave interesting marks on the bottom's flesh.

Sploshing: A fetish involving sensual/sexual play with foods or liquids, which can include whipped cream, honey, wine, baked beans, deli meats, baked goods, or almost any food item or liquid. It can also simply be water. There can also be a food fight, which can involve eating the food off another person.

Nyotaimori, the practice of eating sushi off a naked person, is a form of sploshing.

Spreader Bar: A long metal, wood or PVC rod that holds the submissive legs, thighs or even wrists wide apart. There will be eyebolts screwed into the ends to which one can attach cuffs, shackles, rope or chain to immobilize the bottom and force their arms or legs apart.

Squirting/Forced Squirting: This is a type of orgasm in which a cis-female ejaculates. Contrary to popular opinion, this is not urine, but similar to the type of ejaculate a cis-male produces. Quite a lot of fluid can be involved, especially if she is made to squirt over and over. It can be exhausting, and dehydrating, and sometimes afterward the bottom will be

limp for some time. A good Top will be sure she drinks plenty of liquids after.

Squirting can happen when the G-spot is stimulated in a particular way. The person must also be able to relax and let go, which can be a challenge for many. The sensation is similar to a clitoral orgasm, yet very different. It's extremely intense, with spasms deep in the abdomen and pelvic region, and there are often aftershocks which can continue for up to ten minutes, including leg tremors, or shaking all over.

Stocks: A piece of bondage furniture patterned after the Puritan model. The head and hands go through holes while the bottom is standing or kneeling. These are usually made of wood or metal.

Straitjacket: Confining device used mostly in psychiatric wards as a means of restraint. It is intended to prevent the movement of the arms and is usually impossible to remove without assistance.

Strap-on: A belt or harness that has a dildo attached. It allows the wearer the ability to fuck another either in the vagina or anus. The belts are most often made of leather, but can be made from rubber, rope, or almost any material. Some are constructed to accommodate a double-headed dildo, so the wearer and the person they are using it on are both penetrated. There are also two-headed dildos made so the bottom can be penetrated both vaginally

and anally at the same time (double penetration or DP).

Strapped: A term meaning someone is wearing a strap-on. Commonly used in the lesbian community.

Strap: A flat item made of flexible material, such as leather or rubber, used for impact play. A strap will usually have more of a stinging sensation. These are also sometimes made from a "looped" piece of leather or rubber, as one would double a belt to use to beat someone.

Strapping: Another term for a "beating", as with a strap.

Submission: The act of submitting to the will and desire of another, usually within negotiated limits.

Submissive (Also sub/subbie): An individual who consents to give up power to a Dominant. This can be for any duration—for an hour or a lifetime. In D/s, the submissive is known to be "on the s side of the slash". This is different from, but can include, being a bottom. Submission is a state of mind, as well as a means to describe behavior within a kink dynamic or scene.

Subspace: A state of mind and body which has been compared to being in a trance. This is caused by endorphins, dopamine, adrenalin and oxytocin emitted during a BDSM scene in response to pain, pleasure, or simply the mental and emotional state reached when bottoming or

submitting. It can be described as a “floating” sensation, being very relaxed or feeling high.

Once a bottom is in subspace, they should not be left alone to make important decisions, or to drive.

There have been studies done on Buddhist monks and Catholic nuns while they are chanting or praying in which the brain wave pattern is nearly identical to that of someone in subspace.

**This topic will be discussed in depth in the booklet.*

Surface Burn: A temporary brand, usually produced with a heated copper wire to a lower temperature than the steel used in making a permanent brand.

Suspension/Rope Suspension: The act of suspending someone with ropes, webbing or chain so that no part of the body touches the floor. This can be very beautiful to watch.

Switch: A person who can both Top and bottom depending on the situation and their partner.

T
24/7: A kink dynamic, which is in effect 24 hours a day, 7 days a week. At all times.

TENS Unit: Acronym for Transcutaneous Electrical Neural Stimulation unit. Used for sexual stimulation or pain stimulation in electrical play scenes.

TPE: Total Power Exchange—

a term reserved for established 24/7 Master or Mistress/slave relationships.

Top: This term can be used in reference to anyone who is on the “top” side of a kink dynamic or scene. The person who is in charge or has control.

Top drop: A Top can drop or crash, just like a bottom can. This happens when all of the feel-good chemicals released in the brain during play disappear, leaving the Top feeling empty, lost or anxious. They can often start questioning whether or not they handled a scene correctly or pleased their partner. In these cases, the Top should have whatever aftercare alleviates these feelings. Often simply talking to their bottom or another Top can help.

Top space: Similar to subspace, but the brain chemicals involved are usually adrenalin. A Top can also get oxytocin or dopamine, especially when there is an emotional connection with their bottom. It can also feel like being high.

**This topic will be discussed in depth in the booklet.*

Topping from the bottom: This is where a submissive dictates the action in a scene or is too demanding, especially when they violate the agreed-upon terms of a scene or kink dynamic, something that is highly frowned upon.

Toy: Any piece of equipment or implement used in a BDSM scene.

T’zappers: An implement used in electrical play; this is simply a long handle with two contact points at the end. It feels very much like being snapped by a rubber band. As with most forms of electrical play, there will be a scent of burning ozone in the air after a few minutes of play.

U
Urethral Play: Play involving the urethra, the tube that runs between the bladder and the outside of the body. This can include sounding, but fingers and other implements can also be used.

V
Vacuum Bed: A device which is basically a latex envelope spanned by a frame in which a person is placed. A suction pump or floor vacuum is then used to suck all the air from the bed, sealing the person in it. If the person’s head is in the bed, there are several means by which they can breathe, such as through a tube inserted into the mouth, or a reinforced hole placed over the mouth, or a reinforced gasket which the head can be put through so they can breathe naturally. The Vacuum Bed can be both a means of bondage and sensory deprivation.

Vacuum Pumping: Using the suction of a vacuum to increase the size of body parts or make it swell.

Vampire Gloves: A glove, usually made of leather or a faux leather, in which metal spikes have been embedded in

the palm and sometimes the inner surface of the fingers. These can be used in a sensual manner, to scratch the skin, or to spank. Spanking with vampire gloves will usually draw some blood.

Vampirism: Sexual arousal caused by drinking blood and biting.

Vanilla: People not interested in any BDSM or fetish activities.

Vetting: Vetting is when other people within the kink community vouch for someone you are considering playing with. This is an important part of getting to know a possible kink partner.

***There will be more in-depth discussion of this in the booklet.*

Violet Wand: A modern modification of a Tesla coil-type electrical transformer engineered specifically for sensual pleasure, which delivers a stream of low current, high frequency electrical current. Think of it as a continuous stream of static electrical sparks.

The handle is a long barrel-shaped wand, to which different components can be attached. Most Violet Wand kits come with various glass tube-like attachments, which use the effect of high frequency electric charges to apply intense stimulation—they work like neon tubes or plasma balls. Each shape will deliver a different sensation. When used, a Tesla-like “lightning bolt” can

be seen in the glass. Usually, this light is purple, but some manufacturers make them with green or red light, as well. There are also metal implements which can be used. Metal highly conducts electricity, so the metal attachments deliver a significantly higher level of stimulation or pain. With most forms of electrical play, there will be a scent of burning ozone in the air after a few minutes of play.

The sensation can vary in intensity quite a lot, from a fizzy tingle that feels almost like being tickled with champagne bubbles to a sharp shocking pain. When used with certain metal implements, such as the side of a spoon, or the tines of a fork, it can feel as if the flesh is being sliced open.

W

Water Sports/WS: The sexual enjoyment of urine play. Also called Golden Showers or GS.

Wartenberg Wheel/Pinwheel: A metal or plastic pinwheel which is a spiked wheel on the end of a long handle that is commonly used by a doctor to test nerve function and sensitivity. In BDSM play it’s used to stimulate or cause a painful sensation. It can be rolled gently over the skin or scraped over the skin. It can come with a single “barrel” or wheel, or up to five or more barrels.

Wax Play: Play in which the Top pours hot wax on the bottom’s skin. The wax can

vary in temperature depending on the wax to paraffin ratio, paraffin being the cooler component. Candles containing dyes or scents should not be used, especially those with scents as they are oil-based, burn very hot and can cause blistering or other serious damage.

Web: A bondage device, popular in many dungeons, created with ropes or chains that are spun like a spider’s web.

Weights: Used to stretch body parts such as nipples, scrotum or labia. Usually attached to clamps or piercings.

Whip: Usually made of leather with a medium size handle and long braided leather strips. The longer the whip, the greater the force of contact, and the more difficult to control. There are many types of whips, such as bullwhips, single tails, dragon tails, dragon tongues, buggy or coach whips, flicker whips, etc.

Whipping Post: The whipping post or pillory dates to approximately late 16th century Europe, and was used to hold a criminal in place while a beating was administered. The post itself is most often made of wood or metal with holes or pegs to which a person can be bound with rope or chain, or to which cuffs may be attached using a carabiner or other type of clip. Reproductions are sometimes used in BDSM dungeons.

X Y Z