

Safe Call, Safety in Dating in the Kink World

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Dating someone new can be dangerous, even in the vanilla world. More so in the BDSM lifestyle. Naturally, submissive men and women make easy targets for predators. It's no secret that there are abusers hiding behind the mask of BDSM and that there are rapist and serial killers that lure people to their own demise. The internet is a really fun playground for these predators. But you can take steps to make things safer for yourself.

First thing you need to do is make sure your intended date is willing to meet you in a very public place for at least the first meeting. Maybe a few dates in public, but certainly the first date needs to be in public. This location needs to be well lit and with several people around. It doesn't have to be crowded and noisy like a bar, but there need to be enough people around that they can hear you screaming for help. If they insist on an isolated location or a location that you can be easily isolated from others around you, like a park, take that as a big red flag. Their intentions are not good.

Let them know you want the first date or two to be totally vanilla. No sex and certainly no kink play. You can discuss sex and kink topics if you like, but the main focus of the first couple of dates should be to get to know each other and to build trust. If they can't honor this and want to rush you into the bedroom or dungeon you need to see this as a red flag. They want one of two things. They are either just after a quick kinky roll between the sheets or they have darker intentions for you. Either way, it's not going to turn out well for you.

Try to negotiate that the first play date will be in a public dungeon, preferably one you're already familiar with. Alert the staff that you will be playing with a new partner so they can be watching fairly closely for signs that you are in distress. Make sure you are aware of the house safe words and don't agree to be gagged to where you can't use them loud enough for others around you to hear it. If you have friends in this dungeon alert them as well and ask them to pay close attention to your scene.

Your first few sessions alone you should still have a safe call in place. If they aren't comfortable with you taking control of your own safety you have no business being alone with them, ever. Continue to set up a safe call until you can honestly say you trust them to tie you up, gag you, honor your limits and LET you live.

Address with your intended date before you even meet that you will have a safe call in place. Don't give them too much detail, but you can tell them that if you do not call or take the call at a certain time the police will show up looking for you. If they object that's a big red flag. Anyone that has your best interest in mind will appreciate you wanting to be safe with someone new.

Anyone that gets offended or tries to convince you they are safe, and you can just trust them does not care about you and does not have your safety in mind. At best they are a master manipulator and will try to control every aspect of your life, beyond SSC. At worst they are a predator trying to convince you to let your guard down so they can lead you into their trap. Don't let them convince you that a "true submissive" has trust for their dominate before they have earned it. Fact of the matter is, a true dominate respects a submissive enough to understand they must earn trust, loyalty, and submission.

Now that we've discussed how the first few dates should go and a few red flags to look for lets get to the main topic of this post. What is a safe call and how is it effective? A safe call is where you set up a specific time for

you to call or be called by a trusted friend to check on your well-being. Some local communities have those that volunteer to be a safe call for those in the community that may not want others in their life to know about their kink side.

Here's how it works. You set up a specific time for you to call your friend or for them to call you. Forget texting, anyone can pick up your phone and answer a text for you. They need to voice verify that it's you and that you aren't in distress. They need to be able to hear the nervousness in your voice, you can't do that in text.

Set up an agreed upon phrase for you to say if you're in distress. Also set up a phrase that you will say if everything is fine. These need to be something you can say in general conversation and not alarm your date. Something like "Oh, I forgot to feed the dog before I left. Will you feed her?" If you miss your call or if you say your distress phrase your friend will call the police and let them know you are in distress and your location.

Obviously, for your safe call to work your friend needs to know your exact location. Let them know where you will be and how long you plan on being there. Let them know if your location changes at any time. You may want to pin your location on Facebook or use a GPS tracking app like Life360. That way your friend can easily find you in an emergency.

I'd just like to add here that you should never get in the car with someone you don't know pretty well and trust. If they want to change locations and you feel comfortable with that then you take your car and they theirs. It's best to waste a little gas than to end up in a ditch somewhere.

Provide your friend with the full name and date of birth for your date. Also provide them with a recent picture of both yourself and your date. Maybe ask your date to pose with you for a picture when they get there. You can play it off as you just want to collect memories for your first meeting. This will get a description of what both of you are wearing for the police if something goes wrong.

Arrive early and try to get a picture of your date's car and license plate. The idea is to get as much information as possible so that the police have something to go on if things go wrong. I know it's morbid to think about, but the fact is you could be a victim, but at least the crime could be solved if you give someone this information to give to police.

Let your friend know when you are on your way home and when you arrive safely. Set it up that you need to say your everything is ok phrase when you're home and safely inside. Watch for you to be followed home. If it looks like your date may be trying to follow you home, go to a well-lit and fairly busy location and call police. Do not go home if you're being followed.

Don't offer up your address or even let them know cross streets of where you live until you feel safe with them. I saw a girl in one of the groups I'm in that she let a Dom know cross streets for her location and he just randomly showed up and demanded that she give him her address. When she didn't, he drove the streets until he found her. She was lucky enough that her parents were home too. This could have been so bad.

Go out, have fun, meet new people. Just do it safe. Come home to your family in one piece.

<https://bdsmguideblog.wordpress.com/2017/07/02/%E2%80%8Bsafe-call-safety-in-dating-in-the-kink-world/>

BDSM Dating/Safety is Sexy

We take lots of risks in our BDSM relationships, but BDSM dating still needs to be safe dating! Of course, this starts with consent, but how else can you keep your kink safe and sexy all at the same time? We explain why Risk Aware Consensual Kink (RACK) is so very important for all BDSM practitioners.

BDSM safety: Consent, Consent, Consent!

I'm not going to apologize for mentioning consent several times over in this article. It is the most crucial thing in any relationship but is especially so in any BDSM relationship. Consent isn't just a onetime thing; it's not 'sign and contract, and that's that.' Consent should be active. Every time you interact within a scene at home or a BDSM club, consent should be checked.

Meeting for the first time

Meeting a kinkster for the first time can be fun and nerve-wracking. Remember to meet up in a public space, which could be neutral vanilla territories like a coffee shop or a kink event such as a munch. Make sure someone knows where you are and who you're with. They can check in with you to make sure everything is going okay, and if it's not, they can be your excuse to leave!

Of course, it is your decision, but I would refrain from indulging in any kink play on the first date. It's crucial to build up trust first. Having the first date kink-free lifts off any pressure or expectation for all people involved.

BDSM safety every time

Just because your partner/s wanted to do one thing the last time you were on a date, don't assume they want it this time. Check-in before you do anything - this doesn't have to spoil the surprise! I know it's fun to get or give a hit out of the blue, but consent is essential. Ask if the sub is okay, in theory, with that at the beginning of a meeting. They'll have no idea when you hit them, what with or if you will, but you've got consent. That's the significant bit.

Unless it's in your agreement to only indulge in kink play when you meet, be sure to indulge in a little polite conversation first. Your partner/s aren't just a recipient for your kink. They are a person too. Be sure to treat them as such (unless they are a chair that day, then treat them as a chair, that's what they want) as that is a crucial part of keeping safe.

Mental, emotional, and physical BDSM safety

It's crucial to address physical safety, but it is just as important to look after your partner/s mental and emotional health, which can be as simple as checking their hard limits/soft limits and keeping to them. It can be as simple as asking, 'are you okay?' now and then. Checking in during play can be as simple as asking them if they want a hug or providing appropriate aftercare.

Remember, it's not just about checking for physical hurts and bruises; you need to check your partner is mentally and emotionally happy and is especially important if you use any psychological elements in your play. Mind games can be fun and sexy but be sure never to do any lasting harm.

Remember to check in during play.

Safe, Sane, Consensual (SSC)

If you've ever seen a reference to SSC kink, then this is what it means. It's a way of practicing BDSM and ensuring that people are responsibly enjoying kink. Making sure play has minimal risk, everyone is happy with what's happening, and it makes sense.

Not everyone wants marks and bruises or extreme pain. This three-word tenant is best for those who want to keep risks down to an absolute minimum

Risk Aware Consensual Kink (RACK)

If you're into more extreme BDSM practices, hard impact play, [blood play](#), [breath play](#), etc., this is your rule to kink by. RACK is all about being aware of the risks and minimizing the chance of significant injury or death. It makes sense. Being a risk-taker is fine; many people are regardless if they're kinky or not. However, you can't ever wholly ignore safety advice.

The more extreme an act is, the more critical active consent becomes. Someone may be happy to agree with a particular scene upfront; others may even be okay initially but not partway through. So, if you're the top or the bottom in a scene, be sure to keep checking in all the way through.

BDSM dating and safe dating go hand-in-hand. Whether you're in a public space or private, your first thoughts should always be about safety. Remember, safety is sexy. Taking care of your partner/s is sexy. Being responsible is sexy.

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<https://www.fetish.com/magazine/fetish-dating/safety-is-sexy/>

Consent isn't just a onetime thing- <https://www.fetish.com/magazine/fetish-dating/safety-is-sexy/>

Checking in during play- <https://www.fetish.com/magazine/fetish-dating/bdsm-consent-checking-in-during-play/>

SSC Kink- <https://www.fetish.com/magazine/bdsm/safe-sane-and-consensual-vs-rack/>

Blood Play- <https://www.fetish.com/blood-play/>

Breath Play- <https://www.fetish.com/breath-play/>

More resources

<https://www.evilm Monk.org/a/safenote.cfm>