

Service Submission: What Does Service Submission REALLY Mean?

<https://submissiveguide.com/skills/videos/video-post-what-does-service-submission-really-mean?series=series-service-submission>

Service. It's something that a lot of submissive say they are into giving. But what does that mean? I guess a lot of us, myself included, just assume that once you "get it" that you already understand what service entails, but the new submissives among us, and those that don't perform service on a regular basis probably don't quite understand what is so special about service that we'd want to specifically say we do it. Let's get to the bottom of it, shall we?

While it's quite clear that the definition means that we are helping or doing work for someone, performing a kindness or favor, when we apply that term to D/s it tends to take on a more in-depth role. Service, to me, definitely means I'm doing something for my Dominant partner, something that they find important to have fulfilled and have given me that honor to perform.

If these tasks were not on a regular basis, or not assumed that I would always perform them, I don't think I'd call it service. It would be more an obedience thing. What makes it service is that it becomes part of my submissive makeup, my role in the relationship and an expected part of my every day. And I do it because I enjoy it. I develop a connection to the jobs and tasks he has added to my submission, and they are a large part of the good feelings I get as a service submissive.

What do I personally do that I consider service?

- I am his personal assistant. I make all his appointments, keep his calendar, inform him of coming events, fetch and carry while he works during the day and acts as the intermediary for people to contact him.
- I am his domestic servant. I perform all the household tasks to maintaining the home. He does not have to do anything to keep the house clean; that is my service to him. I prepare his meals and make sure the appliances and cars have their scheduled maintenance. Occasionally he'll take the trash out for me.
- I am his personal groomer. I maintain his hair and body for him. While he showers on his own, I am to shave him, cut his hair, lotion his body and make sure he is presentable. It is one of the more intimate services I provide.
- I'm the accountant for our own income as well as the businesses we have. The money that comes into the home must be managed correctly so that we can live comfortable and plan for the future. He trusts that I'm not misusing the funds and that the bills are getting paid on time.

As I'm sure many of you are thinking, these can't be service because I do them and I don't feel they are service. Then that's true for you. For me, they are an important connection to the D/s we have. It's almost formal and ritualized and often these are the things that have the most protocol added to them. That and the manner they are carried out makes them service to me.

Some D/s relationships do not have a sexual or intimate component to them at all, they are pure service. The enjoyment that submissives in service relationships gain is purely from caring for and serving another Dominant in some capacity. Just about any job that you can do for pay you can do for service to someone else.

Examples of Types of Service a Submissive Could Perform

- Personal Assistant
- Secretary
- Domestic / Maid
- Chauffeur
- Escort
- Bootblack

- Massage Therapist
- Groom / Personal Care Attendant
- Landscaping / Lawn care
- Co-Top during scenes with others
- Nurse
- Computer Technician

Eventually you are going to encounter something from someone else that they consider service. This is hardly an exhaustive list. So, what I'd like to do is open it up to you. Let me know of other types of service in the comments! Share your own thoughts on the topics too. I'd love to hear what service is in your eyes and why it's special. Or not.

Service Submission: BDSM and Submission: The Five Precepts of Service

<https://submissivguide.com/skills/articles/the-five-precepts-of-service?series=series-service-submission>

This is a guest post by Shahjahani. She is a fantastic educator.

I originally heard of these precepts when speaking of death and dying. I elaborated on them then to help myself understand my place in the death and dying process. I shared my thoughts back then with those that I worked with, as we encountered end-of-life issues often. Recently I reviewed these five Precepts of Service, and I realized they have relevance in other dimensions of life, such as my current relationship with my Master as his submissive. Meditating on these precepts offers me inspiration and guidance. I think of these as five bottomless practices that can be continually explored and deepened. They are not linear and have no value as theories or concepts. To be understood and realized, they have to be lived into and communicated through action.

The First Precept:

Welcome Everything. Push Away Nothing

In welcoming everything, we don't have to like what's arising. It's actually not our job to approve or disapprove. It's our task to trust, to listen, and to pay careful attention to the changing experience. At the deepest level, we are being asked to cultivate a kind of fearless receptivity. This is a journey of continuous discovery in which we will always be entering new territory. We have no idea how it will turn out, and it takes courage and flexibility. We find a balance. The journey is a mystery we need to live into, opening, risking, and giving constantly.

The Second Precept:

Bring Your Whole Self to the Experience

We must be open to both our joy and fear. In service, we draw on our strength and helplessness, our wounds and passion for discovering a meeting place with the other. Professional warmth doesn't heal. It is not our expertise but the exploration of our own suffering that enables us to be of real assistance. That's what allows us to touch our Master's needs and inner being with love and desire instead of with fear. We have to invite it all in. We can't travel with others in territory that we haven't explored ourselves. It is the exploration of our own inner life that enables us to form an empathetic bridge to the other person.

The Third Precept:

Don't Wait

Patience is different than waiting. When we wait, we are full of expectations. When we're waiting, we miss what this moment has to offer. Worrying about what the future holds for us, we miss the opportunities that are right in front of us. Waiting for the perfect moment, we miss so many moments of living. Don't wait. If there's someone you love, tell him or her that you love them. Allow the precarious nature of this life to show you what's most important then enter fully.

The Fourth Precept:

Find a Place of Rest in the Middle of Things

We often think of rest as something that will come when everything else is complete, like when we go on a holiday or when our work is done. We imagine that we can only find rest by changing the conditions of our life. But it is possible to discover rest right in the middle of chaos. It is experienced when we bring our full attention, without distraction, to this moment, to this activity. This place of rest is always available. We need only turn toward it. It's an aspect of us that's never sick, is not born, and does not die.

The Fifth Precept:

Cultivate Don't-Know Mind

This describes a mind that's open and receptive. A mind that's not limited by agendas, roles, and expectations. The great Zen teacher Suzuki Roshi, was fond of saying, "In the beginner's mind there are many possibilities, but in the expert's there are few." From this vantage point, we realize that "not knowing is most intimate." Understanding this we stay very close to the experience allowing the situation itself to inform our actions. We learn to look with fresh eyes. Our minds stay clear to accept that which comes from our Masters

My name is Shahjahani, and you can find me by the same name on Fetlife. I am a submissive living in a 24/7 relationship with my Master. I am new to the lifestyle, but not new to kink. I have always been an introspective person, with much of my life dedicated to meditation, looking within for strength and in the service of others, as service brings fulfillment and peace in my life. I am open to questions from anyone, and I love to teach (another passion of mine). If you would like to get to know me better, please check out my blog Blood and Fire at <http://shahjahani.kinky-blogging.com>, or you may message me on Fetlife.